

COVID-19 Information for Employers and Employees

Employee Screening for COVID-19

To help protect the public against the spread of COVID-19, Governor Mike DeWine and Ohio Department of Health Director Amy Acton, M.D., MPH, strongly recommend that all employees perform a daily symptom assessment each day before work by following these steps:

- All employees who are able to work from home should be working from home.
- For those employees who must report: take your temperature with a thermometer each day. If you have a fever at or above 100.4 degrees Fahrenheit, stay home. Also monitor for coughing and trouble breathing and stay home if they occur. Call a doctor or use telemedicine if your symptoms concern you.
 - Employees can return to work when they meet ALL THREE of the following criteria:
 - They have had NO fever for at least three (3) days without taking medication to reduce fever during that time.
 - There is improvement in their respiratory symptoms (cough and shortness of breath) for three (3) days.
 - At least seven (7) days have passed since their symptoms began.
- It is best to use a touchless thermometer (forehead/ temporal artery thermometer) if possible, but if you must use oral or another type of thermometer, make sure to clean it thoroughly between each use.
 - Follow the manufacturer's directions to disinfect the thermometer.
 - If no directions are available, rinse the tip of the thermometer in cold water, clean it with alcohol or alcohol swabs, and then rinse it again.
- There is currently a shortage on thermometers. If you cannot find a thermometer, monitor for symptoms of respiratory infection (fever, cough, shortness of breath).
 - If you do not have symptoms, proceed to work.
 - If you do have symptoms, stay home from work until you meet all of the above criteria.
 - If you do have symptoms, but have a known cause (asthma, COPD,

chronic sinusitis, etc.) and HAVE NOT been exposed to someone with confirmed COVID-19 proceed to work.

- If you do have symptoms, but have a known cause (asthma, COPD, chronic sinusitis, etc.) and HAVE been exposed to someone with confirmed COVID-19, stay home for 14 days from the time you were exposed.

- If at any time a doctor confirms the cause of a fever or other symptoms is not COVID-19 and approves an employee's return to work, then the employee can return.

- Please remember to continue to follow preventative measures no matter how many employees are in the workplace — physical distancing, stay home when sick, use cough and sneeze etiquette, and practice hand hygiene as often as possible. Clean all high-touch surfaces regularly.

For additional information, visit coronavirus.ohio.gov.

For answers to your COVID-19 questions, call 1-833-4-ASK-ODH (1-833-427-5634).

Your mental health is just as important as your physical health. If you or a loved one are experiencing anxiety related to the coronavirus pandemic, help is available 24 hours a day, seven days a week. Call the COVID-19 CareLine at 1-800-720-9616.

Additional Resources:

How to take your temperature from the Cleveland Clinic: <https://my.clevelandclinic.org/health/articles/9959-thermometers-how-to-take-your-temperature>.

CORONAVIRUS DISEASE 2019 Ohio

Department
of Health

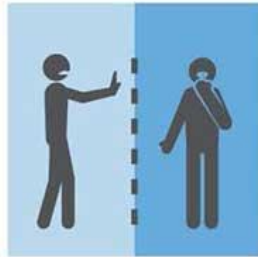
Protect yourself and others from
COVID-19 by taking these precautions.

PREVENTION

For additional information call 1-833-4-ASK-ODH or visit coronavirus.ohio.gov.



STAY HOME



PRACTICE
SOCIAL
DISTANCING



GET ADEQUATE SLEEP
AND EAT WELL-
BALANCED
MEALS



WASH HANDS OFTEN
WITH WATER AND SOAP
(20 SECONDS
OR LONGER)



DRY HANDS WITH
A CLEAN TOWEL
OR AIR DRY
YOUR HANDS



COVER YOUR MOUTH
WITH A TISSUE OR
SLEEVE WHEN
COUGHING OR SNEEZING



AVOID TOUCHING
YOUR EYES, NOSE,
OR MOUTH WITH
UNWASHED HANDS
OR AFTER
TOUCHING SURFACES



CLEAN AND DISINFECT
"HIGH-TOUCH"
SURFACES OFTEN



CALL BEFORE VISITING
YOUR DOCTOR



PRACTICE GOOD
HYGIENE HABITS

For more information, visit: coronavirus.ohio.gov